

7th Annual WATA Student Affairs Committee

Athletic Training Student Writing Contest

Who: Athletic Training Students

What: Students may submit an abstract to present a poster for a research project, clinical case study, or a clinical pearl

Where: WATA Annual Business Meeting and Symposium

When: April 23-25, 2009

How: Students should submit an abstract by **March 1, 2009**. Any project completed in the past 24 months and not previously submitted may be entered. The top six entries in each category will be accepted for inclusion at the meeting. The certified members of the Student Affairs Committee will evaluate all entries and successful entrants will be notified by April 1, 2009. A \$75.00 cash prize will be awarded to the winner in each category. Students will be expected to be present at the poster session for approximately one hour during the 2009 Annual Business Meeting and Symposium. The poster can be a maximum of 3' x 4'.

Instructions:

1. Entry for consideration:
 - a. Submit a separate page with full name, address, phone, email, etc
 - b. All submissions should be submitted electronically accompanied by a hard copy. Submissions should be in Microsoft Word, 11pt. and Times New Roman font. One-inch margins on all side should be included.
 - c. Required information:
 - i. Indicate the name of your project sponsor(s) on the top of the first page. The sponsor(s) could be an athletic trainer or faculty member in your department. It should be someone who is familiar with your project and who has assisted in guiding you through the process. NOTE: Multiple students may submit a collective project.
 - ii. The title of the project should appear first starting at the left margin.
 - iii. On the next line, indent 3 spaces and provide names of all authors/presenters with the presenting author first. Enter last name, initials (without periods), followed by a comma, and continue with the other authors (if any), ending with a colon.
 - iv. On the same line, following the colon after the name(s) of the author/presenter(s), indicate the name of the institution (including city & state) where the research was conducted.

- v. Double-space and begin entering the body of the abstract/summary flush left in a single paragraph with no indentations. The text must be non-structured (i.e. no-headings). Do not justify the right margin. Do not include tables or figures.

2. On-site Exhibit

- a. The poster must be on a maximum of 3' x 4' poster board
- b. You must be present during the designated sessions. If you have multiple people on your research team, one representative is sufficient.
- c. Awards will be distributed at the evening banquet.

3. Categories

- a. Research Project: An original study including hypothesis formulation, devising appropriate methodology, collecting data, conducting analysis, discussion, and conclusion.
 - i. Background – what is the context leading to the chosen hypothesis(es), methodology, and analysis
 - ii. Purpose – what is the purpose of the study
 - iii. Method – discuss the approach used to conduct the study and collect data
 - iv. Results – findings of study with appropriate statistical analysis
 - v. Discussion – how do the findings relate to previous research; focus should be placed on clinical relevance or lack thereof
 - vi. Conclusion – final summary and future directions
- b. Clinical Case Report: A single subject report detailing a unique clinical presentation
 - i. Personal Data/Medical History – age, gender, sport, occupation, chief complaint, pertinent aspects of medical history
 - ii. Physical Signs and Symptoms – brief summary of physical findings
 - iii. Differential Diagnosis – what are all the possible injuries this case could be?
 - iv. Results of Diagnostic/Laboratory Testing
 - v. Clinical Course – diagnosis, treatment, surgical technique, rehabilitation program, final outcome
 - vi. Deviation from expected – what makes this case unique?
- c. Clinical Pearl: Presentation of unique approach to some aspect of athletic training.
 - i. Background – what is the context necessitating the presented technique, method, or information?
 - ii. Purpose – what is the purpose of the technique, method, or information being presented
 - iii. Description (technique/method) – Explanations, supporting information
 - iv. Discussion
 - 1. Explanation of why this technique is valuable, why it is original, or worthy of presentation
 - 2. Problems encountered
 - 3. Alternatives

- v. Conclusion
 - 1. Summary of poster
 - 2. Future directions
 - 3. Need for development
- vi. References – as appropriate

4. Notes

- a. Pictures, diagrams, tables, etc. are considered helpful and highly recommended
- b. Please refer to the *Journal of Athletic Training* for examples of abstract format for the research study. The *Journal of Athletic Training Supplement* will provide examples of format for clinical case studies. The *NATA News* “Tips for the Field” is similar to the clinical pearls section.

5. Criteria

- a. Originality
- b. Clinical Relevance
- c. Technically Sound (Grammar, Punctuation, etc)

All electronic and hard copy submission should be sent to Amy Brugge (abrugge@uwsp.edu)

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